

MATTHEW 6:25-34

25 "That is why I tell you not to worry about everyday life—whether you have enough food and drink, or enough clothes to wear. Isn't life more than food, and your body more than clothing? 26 Look at the birds. They don't plant or harvest or store food in barns, for your heavenly Father feeds them. And aren't you far more valuable to him than they are? 27 Can all your worries add a single moment to your life?

28 "And why worry about your clothing? Look at the lilies of the field and how they grow. They don't work or make their clothing, 29 yet Solomon in all his glory was not dressed as beautifully as they are. 30 And if God cares so wonderfully for wildflowers that are here today and thrown into the fire tomorrow, he will certainly care for you. Why do you have so little faith?

31 "So don't worry about these things, saying, 'What will we eat? What will we drink? What will we wear?' 32 These things dominate the thoughts of unbelievers, but your heavenly Father already knows all your needs. 33 Seek the Kingdom of God above all else, and live righteously, and he will give you everything you need.

34 "So don't worry about tomorrow, for tomorrow will bring its own worries. Today's trouble is enough for today.

J I R E H CIRCLE QUESTIONS

WEEK ONE

God Provides in Anxious Times Matthew 6:25-34

BEGIN IN PRAYER

Pray this prayer.

Our Father, thank you for loving us unconditionally. Jesus, thank you for being our sacrifice. Holy Spirit, thank you for being our helper. Spirit, please guide our discussion tonight and help us embrace the kingdom of God in greater ways, Amen.

Ask the Lord to unite you as a group of Christ followers around the purposes that God has for His church.

DISCUSS

- 1. Read Matthew 6:25-34
- 2. What are common areas where you experience worry and anxiety?
- 3. Why do you think our culture has such an anxious presence? What are some of the causes?
- 4. What does Jesus offer us as alternative to an anxious presence?
- 5. How do we embrace the kingdom of God over the kingdom of this world or our own kingdom?
- 6. How could you do a better job of slowing down?
- 7. How could you do a better job of embracing community? What are some tangible ways you could spend time with people just to be together and grow together?
- 8. How could you do a better job of serving others? Brainstorm ways you can serve others as a group.
- 9. How does slowing down, embracing community, and serving others help relieve anxiety?

BEGIN IN PRAYER

Pray for each of your group members by name that they would receive God's provision during anxious times.

Pray that our church would offer a better way to those who live in these anxious times.